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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	BODYPUMP.	Open	RPM.	CORE FOCUS	CIRCUIT 1	Closed	Closed
7am	Open	Open	Open	Open	Open	Closed	Closed
8am	Open	Open	RPM.	Open	Open	LESMILLS BODYCOMBAT.	Closed
9.10am	RPM.	LESMILLS BODYPUMP.	LESMILLS BODYBALANCE.	RPM.	BODYPUMP LESMILLS CXWORX	BODYPUMP.	BODYPUMP LESMILLS CXWORX
10.20am	LESMILLS BODYBALANCE.	Pilates \$	Pilates \$	Open	Pilates \$	LESMILLS BODYBALANCE.	Closed
11.30am	Open	Open	Open	Open	Open	Closed	Closed
12.30pm	Closed	Closed	Closed	Closed	Closed	Closed	Closed
5.30pm	CIRCUIT 1	RPM.	BODYPUMP DESCRIPTION OF THE STREET BY A STREET BY BY A STREET BY A STREET BY A STREET BY BY A STREET BY	Lesmills Bodycombat.	Closed	Closed	Closed

Make an EFFORT, not an excuse