

www.FitnessMatakana.co.nz

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Christmas Timetable

| | 23-Dec | 24-Dec | 25-Dec | 26-Dec | 27-Dec | 28-Dec | 29-Dec |
|---------|--------------|----------------------|-----------|----------|-------------------------------|----------------------|--------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 6am | BODYPUMP. | HiT elreurt | Closed | Closed | Closed | Closed | Closed |
| 8am | Open | Open | Closed | Closed | RPM. | BODYCOMBAT. | Closed |
| 9.10am | RPM. | Lesmills BODYPUMP | Closed | Closed | Lesmills DATE LESMILLS CXWORX | Lesmills BODYPUMP | BODYPUMP DE CXWORX |
| 10.20am | BODYBALANCE. | BODYBALANCE. | Closed | Closed | BODYBALANCE. | BODYBALANCE. | Closed |
| 12pm | Closed | Closed | Closed | Closed | Closed | Closed | Closed |

New Years Timetable

| | 30-Dec | 31-Dec | 1-Jan | 2-Jan | 3-Jan | 4-Jan | 5-Jan |
|---------|--------------|-------------|-----------|-------------------------|--------------------------|--------------|--------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 7am | Open | Open | Closed | Open | Open | Closed | Closed |
| 8am | HIIT CIRCUIT | RPM. | Closed | HIT CIRCUIT | RPM. | BODYCOMBAT. | Closed |
| 9.10am | RPM. | BODYPUMP. | Closed | RPM. | BODYPUMP BODYPUMP CXWORX | BODYPUMP. | BODYPUMP BODYPUMP CXWORX |
| 10.20am | BODYBALANCE | BODYBALANCE | Closed | LESMILLS BODYBALANCE | BODYBALANCE. | BODYBALANCE. | Closed |
| 12pm | Closed | Closed | Closed | Closed | Closed | Closed | Closed |