



www.FitnessMatakana.co.nz

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Matakana Country Park,

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LES MILLS
Classes & Gym

2025 Christmas Timetable

	22-Dec	23-Dec	24-Dec	25-Dec	26-Dec	27-Dec	28-Dec
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	LES MILLS BODYPUMP	Open	LES MILLS RPM	CLOSED	CLOSED	CLOSED	CLOSED
7am	Open	Open	Open	CLOSED	CLOSED	Open 7.30am	Open 7.30am
8am	Open	Open	LES MILLS RPM	CLOSED	Open	LES MILLS BODYCOMBAT	LES MILLS RPM
9am	LES MILLS RPM	LES MILLS BODYPUMP	LES MILLS Shapes	CLOSED	BODYPUMP LES MILLS CORE	9.15AM LES MILLS BODYPUMP	BODYPUMP LES MILLS CORE
10.15am	LES MILLS BODYBALANCE	Open	Open	CLOSED	CLOSED	10.30AM LES MILLS Shapes	CLOSED
11.30am	SENIOR CIRCUIT	Open	Open	CLOSED	CLOSED	CLOSED	CLOSED
12.00pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

New Years Timetable

	29-Dec	30-Dec	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	Open	Open	Open	CLOSED	Open	Open 7.30am	Open 7.30am
8am	LES MILLS RPM	Open	LES MILLS RPM	CLOSED	Open	LES MILLS BODYCOMBAT	LES MILLS RPM
9am	LES MILLS BODYPUMP	LES MILLS BODYPUMP	BODYPUMP LES MILLS CORE	CLOSED	LES MILLS BODYPUMP	9.15AM LES MILLS BODYPUMP	BODYPUMP LES MILLS CORE
10.15am	LES MILLS BODYBALANCE	LES MILLS Shapes	Open	CLOSED	LES MILLS BODYBALANCE	10.30AM LES MILLS Shapes	CLOSED
12pm	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Make an EFFORT, not an excuse!